

WESTERN PLACER UNIFIED SCHOOL DISTRICT

600 Sixth St, Suite 400, Lincoln CA 95648
Ph: (916) 645-4078 Fax: (916) 645-9267

Board of Trustees: Paul Long
Brian Haley
Paul Carras
Kris Wyatt
Damian Armitage

Superintendent: Scott Leaman
Director of Special Education: Tammy Forrest, PhD

COUNSELING AND RELATED SERVICES

(AA) ALCOHOLICS ANONYMOUS (CENTRAL OFFICE) 916-454-1100

ALANON/ALATEEN: Support for families and friends of alcoholics. Meetings for teens, pre-teens and adults. Call or look online for days, times, and locations of meetings. www.ncwsa.org 530-888-3645 (Auburn) 916-334-2970 (Sacramento)

ALTA CALIFORNIA REGIONAL CENTER: Information, counseling, & referrals for those with developmental disabilities, autism, epilepsy, cerebral palsy. By appt. www.altaregional.org. 916-786-8110 (Roseville) 530-885-8447 (Auburn)

ARIANA CHILDREN AND FAMILY TREATMENT SERVICES: Provides individual, family and couples counseling for children, divorced and blended families. Reasonable fees, insurance coverage and sliding scale.

3101 Sunset Blvd., Ste. 6C, Rocklin. 916-435-1414 (Rocklin)

AUBURN AREA INFORMATION & REFERRAL SEARCH: 2-1-1 is an easy to remember telephone number that, where available, provides free and confidential information and referrals to people wanting to know more about important community services and volunteer opportunities. Call 2-1-1 for help with food, housing, employment, health care, counseling and more. Every hour of every day, hundreds of people need essential human services - learn more about your local 2-1-1 by visiting www.211us.org, <http://www.myyp.com/community/Auburn,CA/services>, or Dial 2 1 1 on your phone.

AUBURN FAITH HOSPICE BEREAVEMENT AND SUPPORT: Provides cancer patient support group, grief recovery group. No fee. 530-886-6650 530-823-9691

BIG BROTHERS/BIG SISTERS OF GREATER SACRAMENTO: Provides children from one parent families with individualized and continuing friendship of a mature, trained adult volunteer to ensure their proper development and strengthen the family unit. Serves children age 7-15 from one parent families. www.bbbs-sac.org 1540 River Park Dr., Suite 214, Sacramento, CA, 95815 916-646-9300

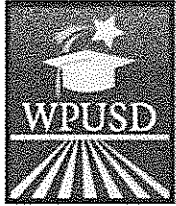
CALIFORNIA AIDS HOTLINE: HIV & AIDS information; list of confidential HIV/AIDS & STD testing sites. Low cost and free clinics. www.AIDSHotline.org 800-367-2437 English/Spanish

CALIFORNIA DEPARTMENT OF DEVELOPMENTAL SERVICES: Coordinates services and support for those with developmental disabilities. www.dds.ca.gov. 916-654-1690

CALIFORNIA DRUG AND ALCOHOL RESOURCE PROGRAM: Inpatient drug / alcohol treatment center information & referrals. www.adp.cahwnet.gov 800-879-2772 (24 hours)

CALIFORNIA YOUTH CRISIS LINE (24 HOURS): Serves youth and families with youth 12-24 year olds. Resource information on self-harm, teen health, suicide, eating disorders, runaways, and returning home safely. www.youthcrisisline.org 800-843-5200

CARING ABOUT KIDS: Provides mentors for infants-19 years of age. Match screened volunteers with youth for after school programs, in-class tutoring, sport events, etc. Also, train volunteers who would like to become a mentor. No fee. www.caringaboutkids.org 530-889-2401



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COUNSELING AND RELATED SERVICES (Continued):

CHILD ABUSE PREVENTION COUNCIL OF PLACER COUNTY: Connects families to services for counseling and resource referrals for Healthy Families. No fee for services. 7311 Galilee Road, Roseville 95678 www.childresources.org 916-772-2272

CHILDREN AND ADULTS WITH ATTENTION DEFICIT DISORDERS (CHADD): Support for parents of children with ADD and Tourette's Syndrome. Meets in Sacramento. www.chadd.org/am/CustomPages/home/CHADD_Home. 888-759-9758 888-432-7174 (Spanish)

CHILDREN'S BEREAVEMENT ART GROUP: Helps children learn to cope with and death of a loved one by expressing grief through creative outlets. No fee. 916-797-7850 Ask for Dennis Cox LCSW.

CHILDREN'S SYSTEM OF CARE: Provides services for children who may be at risk and their families. An integrated team that offers comprehensive services in children's mental health, child welfare, probation, education, substance abuse, and public health. www.placer.ca.gov (health and human services) 1130 Conroy Lane, Suite 500, Roseville, 95661 916-784-6440

CPC HERITAGE OAKS: Chemical dependency and psychiatric acute hospital. 4250 Auburn Boulevard, Sacramento 95608 916-489-3336

CRISIS RESOLUTION CENTER (CRC): (Loomis) Provides short-term out-patient counseling services and short-term residential care. 916-652-2749

CSUS COUNSELING AND DIAGNOSTIC CENTER: Diagnostic testing for learning disabilities and gifted students ages 5-21; career, family, and individual counseling services. For fees, see <http://edweb.csus.edu/ccds/>

**Services available September-December & February-May. 916-278-6252

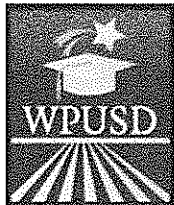
DIODENES YOUTH SERVICES: Short term counseling. Emergency shelters for 12-17 year olds homeless or in crisis. Transitional living program for 16-18 year olds. Parent and youth support groups. No fee; donations accepted. www.diogenesnet.com. 916-369-5447 800-339-7177 (24 hours)

FAMILY RESOURCE CENTER (AUBURN & ROSEVILLE): Information and referral, counseling, testing, ESL and Hispanic support, paperwork for Healthy Families program, and homework club/tutoring. Services are free. Open Mon-Thur 9-7 & Fri 9-5. www.childresources.org. 124 Main St, Roseville 95678 & 11990 Heritage Oak Place, Suite 1B, Auburn, 95603 916-774-6802 (Roseville) 530-887-3536 (Auburn)

FEDERAL DRUG ABUSE & MENTAL HEALTH HOTLINE AND REFERRAL SERVICES: Treatment referrals and drug abuse information. 800-662-4357

FIGHT4KIDS.COM: Free online parenting class, discussion board and referral lists for issues like anger management, support, divorce, custody, visitation schedules, and postpartum. www.fight4kids.com 800-641-5539 (Office in TX)

FRIENDS FOR SURVIVAL: Bereavement support program for family and friends after a suicide death; meetings, lending library, monthly newsletter, conferences and retreats. No fee. Donations accepted. www.friendsforsurvival.org/ 530-885-3456 916-392-0664



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FULL CIRCLE TREATMENT CENTER: Drug and alcohol treatment for adolescents including assessment and intervention counseling, intensive outpatient program, education about the disease and chemical dependency, parenting education, family education, therapy and support, and aftercare. 730 Sunrise Ave. #250, Roseville 95661 www.fullcircuitreatmentcenter.com 916-787-4357

KAISER MEDICAL GROUP: 916-784-4000

KINSHIP PROGRAM: The Family Resource Center provides support and coaching for grandparents and other raising a relative's or friend's child. The Kinship Program offers support, counseling, coaching, tutoring and many more resources for kinship families. www.childresources.org 916-774-6802

KOINONIA FOSTER HOMES, INC.: Foster family agency handles placements and adoptions for children in foster homes. Group homes for 12-18 year olds in chemical dependency programs. Located in Loomis. www.kfh.org 800-927-9900 916-652-5802 916-652-0171

LEARNING DISABILITIES ASSOCIATION OF CALIFORNIA: Provides information and training to parents, adults with learning disabilities. Children and adults with learning disabilities can get help in receiving the appropriate services, accommodations, and programs to enable them to lead happy, productive lives. www.ldaca.org 916-725-7881 866-532-6324 (Toll Free)

LIGHTHOUSE COUNSELING & FAMILY RESOURCES: (Lincoln) Family, individual and group counseling 916-645-3300

NARCOTICS ANONYMOUS (NA): 12-step support groups for victims of narcotics abuse. Information and counseling referral for victims and families. Group meetings are facilitated by group member. Meetings are free. 800-600-4673 888-423-3428 (Auburn)

NATIONAL ALLIANCE FOR THE MENTALLY ILL, Placer County (NAMIPC): Support and referral services for individuals and families affected by mental illness; family-to-family programs. www.namipc.org see also: www.nami.org. 916-554-0554 800-950-6264 (Info help line)

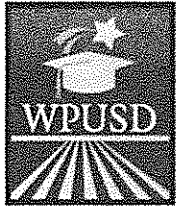
NATIONAL COUNCIL ON ALCOHOLISM AND DRUG DEPENDENCE – SACRAMENTO REGION (NCADD): Youth services include counseling and groups; drug testing. Fees vary depending on service needed. www.addictiondata.org 916-922-9217

OAK CREEK FAMILY CLINIC: Family therapy, parenting education, child and sand play therapy, supervised visitation. 3805 Taylor Road, Ste. 1, Loomis, CA 95650. 916-652-7470

OVEREATERS ANONYMOUS: Is a 12-step fellowship of individuals, including young people, helping each other understand and overcome eating disorders. Services are free; call for group locations and times. www.oa.org 916-786-0330

PARENT PROJECT: Parenting classes on prevention of alcohol, drugs, other drugs, parent-child communication, grades and school attendance, gang involvement prevention and other issues. Sliding scale or payment plan if needed. www.parentproject.com email Terri Powell: star@starstream.net 916-787-4357 (Terri Powell)

PARTNERSHIP FOR PRESCRIPTION ASSISTANCE: 1-888-477-2669



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PEACE FOR FAMILIES (PLACER WOMEN'S CENTER): Provides services (such as therapy and support groups, legal assistance, and safe housing) for victims of domestic violence and sexual assault, their families and friends, regardless of gender, race, religion, occupation or lifestyle. Sliding scale fees. www.peaceforfamilies.org 408 Folsom Road, Roseville 95678 530-885-0443 (Auburn) 916-773-7273

(Roseville) 800-575-5352 (24 Hours) *Spanish speaking—contact Isabel Del Toro (Auburn)

PEOPLE REACHING OUT: Information and referrals for counseling. Provides substance and violence prevention training at middle and high schools (peer programs). 5299 Auburn Blvd., Sacramento, 95841. www.peoplereachingout.org/ 916-576-3300

PLACER COUNTY – HEALTH AND HUMAN SERVICES: Adult, family & child mental health services; substance abuse programs; “First 5” program. www.placer.ca.gov/Departments/hhs.aspx. 530-886-1870

PLACER COUNTY - EMERGENCY ADULT & CHILD PROTECTIVE SERVICES (ACCESS): Reporting line for child abuse as well as abuse against older or dependent adults. Intake workers can advise on reportable incidences and procedures. 888-886-5401 (Auburn) 916-787-8860 (Roseville)

PLACER COUNTY SERVICES: An automated service that provides referral information for substance abuse treatment and other programs in Placer County. 530-889-7240 916-787-8800

PLACER COUNTY TOBACCO PREVENTION PROGRAM 530-889-7141

PLACER COUNTY VICTIM/WITNESS PROGRAM: Assistance for non-offending individuals with crisis intervention, counseling, resource referrals, and navigating the justice system.

www.placer.ca.gov/Departments/DA/DAUnits/Victim_WitnessAssistance.aspx 916-543-8000 (ask for Victim Services)

PLANNED PARENTHOOD: Provides adults and teens information on women's health, contraceptives, STD's, pelvic exams, prenatal exams, prenatal care, abortion services, and pediatric primary care. Fee based on income. www.plannedparenthood.org 729 Sunrise Blvd Ste 900, Roseville 95661 916-781-3310

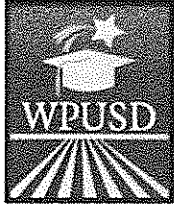
ROSEVILLE ONE-STOP CAREER CENTER: Resume writing & interviewing workshops, access to copiers, fax machines, and computers for employment searches. 1880 Sierra Gardens Dr Ste 100, Roseville (located in the EDD office) 916-774-4045

SELPA: The Placer Nevada Special Education Local Plan Area

Provides students with speech, language, or orthopedic ally impairments with appropriate education through high quality special education programs. 530-886-5873 Wendy

SIERRA FAMILY SERVICES: Adolescent, child & family counseling, anger management/domestic violence counseling, group for children who have witnessed trauma. Drug and alcohol treatment. Accepts Medi-Cal. www.sierrafamily.org 916-783-5207 530-885-0441

SMOKER'S HELPLINE: Talk to counselors who help with quitting tobacco. 800-766-2888



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SUMMIT EATING DISORDERS & OUTREACH PROGRAM: Reconditioning with Anorexia, Bulimia, and Binge Eating Disorder. Provides mental and physical health with inpatient and outpatient care. www.sedop.org

601 University Avenue #225, Sacramento 95825 916-920-5276

SUNBURST PROJECTS: Provides childcare for mental health and medically related appointments. Contact Mireya Herrera-Bayard. 916-440-0889

SUTTER CENTER FOR PSYCHIATRY CARE UNIT (Adult and Adolescent) 916-386-3000

TEENAGE PREGNANCY & PARENTING PROGRAM (TAPP): Assistance with medical, nutritional, financial needs, etc. Childbirth and parenting classes. No fee but eligibility varies. Referrals made by phone. www.mch.dhs.ca.gov 530-889-7141 (Joanne Evans)

VOLUNTEERS IN VICTIM ASSISTANCE (VIVA): Groups providing emotional support and information for survivors of homicide (sudden death), accidental death, or suicide. Also for victims of violent crimes and traumatic injury; includes family and friends. Child and adolescent program available. No fee 916-489-3333

WARMLINE FAMILY RESOURCE CENTER: Resources and support to families of children with special needs. Monday – Friday 9am-4pm 151 N. Sunrise Ave., Suite 1307, Roseville, CA, 95661 916-782-7147 (Roseville) 800-660-7995

WELLSPACE: Immediate services for chemical detection issues. 1820 J Street, Sacramento 95814 www.theeffort.org 916-325-5556 916-313-8400

WOMEN ESCAPING A VIOLENT ENVIRONMENT (WEAVE): Services available for issues with domestic violence, sexual assault, and legal matters such as restraining orders. Also provides a safe house for crisis situations. www.weaveinc.org